



OWSTON HALL

BEAUTY & SPA TREATMENTS





MASSAGE

These treatments are for men and women.

Swedish Massage

Swedish body massage involves different types of touch, pressure and flowing movements applied to the skin and underlying tissues to release muscular tension, relieve pain and relax the body.

30min Swedish = £25

60min Swedish = £45

Deep Tissue Massage

A massage technique focusing on the deeper layers of muscle tissue. For those of you that like a firm massage, go for this one.

30min deep tissue = £29

60min deep tissue = £49

Aromatherapy Massage

Aromatherapy is a form of alternative medicine that uses essential oils, and other aromatic compounds for the purpose of altering a person's mind, mood, cognitive function or health.

30min = £29

60min = £49

Indian Head Massage

Ideal for any head, neck or shoulder tension. Includes a neck and shoulder massage, with a reviving scalp massage to improve circulation and to relax you. Using pressure points and drainage techniques to help ease headaches and sinus problems.

45min = £35.00

Hot Stones

Hot stone massage is a great warming treatment at any time of year. Hot Stone Massage uses smooth, heated stones. The heat is both deeply relaxing and helps tight muscles release. It promotes tissue relaxation, alleviates stress, releases toxins, relieves pain and improves circulation

30min = £29

60min = £49

Pregnancy Massage

30min = £29.00

Hot Candle Massage

30min = £29.00

60min = £49.00

FACIAL

Illuminating Radiance Facial

Reveal your skin's beauty and radiance in just 30 minutes! The facial helps correct the appearance of all visible signs of dull, tired looking skin for exceptional radiance.

30min = £40.00



Collagen Radiance Facial

Give your skin a Collagen boost and correct the signs of ageing as they appear with this facial designed for first wrinkles, with instant anti-ageing results. This unique treatment uses marine collagen molecules which have an unrivalled affinity with the skin and give an immediate soothing effect. 100% of clients find their skin texture more even, 89% of clients say their skin is smoother and more luminous.

75min = £60

ANTI-AGEING 25+

Silicium Super Lift Facial

Dare to defy time with this lifting facial, designed to combat all the signs of ageing at 45+ (loss of firmness, pronounced wrinkles). Relax and let yourself be immersed in an aquatic cocoon during the Thalgo cleansing ritual, adapted to your skin type with optimum effectiveness and immediate results.

75min = £60

ANTI-AGEING 45+

Rénovation Radicale Treatment

The new dermatologically certified cosmeceutical skincare treatment by Laboratoire Thalgo. Featuring innovative patented new ingredients Néo Skin and Marine Mésolift, this facial treats all types of skin irregularities such as pigmentation, acne scarring, blemishes and uneven skin tone.

The treatment is completed with an application of a light cream-serum plus an SPF50 cream for a 'new-skin' effect. The resulting complexion is clearer and brighter, with a visible reduction in surface irregularities, tighter pores and a refined skin texture. Recommended as a course of 4 treatments (note Sunscreen SPF50 must be used throughout the course)..

55min = £65.00

MCUETIC

ThalgoMen Ocean Ritual

This high-tech, relaxing facial for stressed male skin combines energising marine active ingredients with soothing massage movements to ensure exceptional results. A shoulder, neck and scalp massage relieves any remaining tension, and the skin is left looking brighter with all signs of stress and fatigue erased.

60min = £50.00



THALGO BODY TREATMENTS

Marine Calcium Algae Wrap

Our bodies have a remarkable affinity with the sea. This new generation seaweed wrap from Thalgo gives you all the benefits of natural marine ingredients, with its combination of three types of seaweed as well as Marine Calcium and Marine Salts, which replenish minerals essential to the body to restore health and well-being. Once the seaweed is applied, you will be wrapped in a heated blanket so you can relax while it diffuses all its benefits – vitamins, trace elements and essential nutrients, to boost slimming, detox, relieve aches and pains, and improve circulation and metabolism. The treatment includes full body exfoliation to start and a relaxing welcome massage, and to finish, an application of a moisturising Thalgo body cream.

60min = £55.00

Cold Cream Marine Body Ritual

For the ultimate nourishing body treatment, perfect to restore comfort to dry and very dry skin, this ritual begins with a deeply hydrating body wrap to soothe the skin and relieve any feelings of dryness, restoring a feeling of comfort. The wrap is followed by a relaxing massage of the entire body, including the hands and feet.

60min = £55.00

Thalgo Polynesia Spa Ritual

Experience Polynesia, the exotic sensorial spa ritual, inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure water foot bath inspired by the crystal blue waters of the Manini lagoon to protect and hydrate the skin. Next is the exotic island body scrub, a gentle vanilla scented body scrub blended with pure white sand from bora bora, sea salt, coconut shell and algo-monoï for a thorough exfoliation of the feet and lower legs to leave the skin feeling smooth and soft. The Mahana massage incorporates a rhythmic lomi-lomi massage and warm sand pouches to loosen muscles and nourish the skin. Finally Polynesian sacred oil from Raiatea, the sacred island is swept over the skin, its subtle golden pearls leaving a sun kissed glow and delicate scent of flowers and monoï

90min = £55.00

HANDS & FEET

Luxury Manicure

Luxurious treatment that keeps hands soft and snag free. Enjoy Soak, Exfoliation, Massage, File, Cuticle removal and your choice of polish.

£25

Express Manicure

Great for those on the go who want a quick tidy up and polish.

£15

Luxury Pedicure

Lavish feet with the soothing smoothing attention they deserve. Enjoy a soak in the PediSpa, Foot and Leg exfoliation, Massage, Mask, File, Cuticle removal and your choice of polish.

£30

Express Pedicure

Great for those on the go who want a quick tidy up and polish.

£15

Orly Gel

Like any quality polish application the gel features a base coat, colour and a top coat. Resilient colour that is dry instantly!

Gel Removal = £5

Gel Manicure = £35

Gel Pedicure = £40

Add paraffin wax for a more luxurious treatment.
Aids circulation and cell renewal = **£5**

ORLY®
GELFX®
GEL NAIL COLOR





WAXING

A method of semi-permanent hair removal which removes the hair from the root. New hair will not grow back in the previously waxed area for two to eight weeks.

Full Leg = £25

Half Leg = £15

Bikini = £15 (Standard)

Underarm = £10

Forearm = £15

Lip or Chin = £8

Lip & Chin = £15

Eyebrow = £8

Back & Shoulder = £25

Chest & Abdomen = £25

Wax Works –

Bikini, underarm wax and half leg wax = £25

FOR THE EYES

Eyelash Tint = £10

Eyebrow Tint = £10

A patch test is required at least 24 hours before Tinting

Eyebrow & Eyelash Tint = £15

False Lash Application = £7.50

Minimum 6 individual lashes per eye

EAR CANDLING

This is an effective, non-invasive means of treating a variety of ear, nose and throat conditions. The candles cone shape creates a chimney effect, drawing away the vapour and any impurities from the ear. Gentle heat from the candle stimulates the blood and lymph circulation, boosting the immune system and regulating pressure within your sinuses.

Ear candling = £20 Treatment time 15-30 mins.

SIENNA X TANNING

Sienna is the market leading professional, only sunless tanning brand producing incredibly natural looking, radiant results.

Sienna X Tanning = £25

DAY SPA TREATMENTS

Spa Day Special £49 per person

...includes 30 min treatment from choice of Back, Neck and Shoulder Massage, Facial, Manicure or Pedicure.

*Includes: Robes and slippers, light lunch and use of leisure facilities.

Couple Spa Experience £110 per couple

1 x couples massage and
2 x 30min facials

Mens Package £75 per person

...30min BNS and 30 mins facial and a tidy of the feet. Total treatment time around 1 hour 20 mins

Mother to be Package £75 per person

...30min BNS and 30 mins facial and a file and paint on toes - Total treatment time around 1 hour 20 mins

Total Spa Experience £100 per person

Full use of gym & leisure facilities. Facial & full Body massage, Manicure & Pedicure. Including lunch.

Bride Indulgence Package £50

30 min Aromatherapy Back Massage, Orly Pedicure and a Glass of Bucks Fizz – Book 4 or more ladies in and the bride will receive a free upgrade to a Full Body Aromatherapy Massage
***Does not include use of the facilities or light lunch.**



Nestled within our hotel leisure club are our treatment rooms.
The perfect place to relax and unwind, we offer
an extensive range of treatments using the finest products
including Thalgo and Sienna X.

Treatments are available individually or as part of a Spa Package.
Our Expert Beauty Therapists will recommend the
best treatments to suit your needs.



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FOR MORE INFORMATION PLEASE CONTACT:

01302 722800

OR VISIT WWW.OWSTONHALL.COM

OWSTON HALL | OWSTON DONCASTER SOUTH YORKSHIRE DN6 9JF (SAT NAV : DN5 0LP)