



# Breakfast Menu



Breakfast is everything. The beginning, the first thing. It is the mouthful that is the commitment to a new day, a continuing life.

A. A. Gill



Breakfast is served 7am – 9:30 am – Monday to Friday  
7:30 am – 10 am - Saturday & Sunday

## *Cooked Breakfast*

Eggs Benedict - toasted English muffin, Yorkshire ham, poached egg, hollandaise sauce

Eggs Florentine - toasted English muffin, spinach, poached egg, hollandaise sauce

Crushed Avocado & poached eggs on toast

Full English Breakfast - Pork sausage, Bacon, Field mushroom, grilled tomato, hashbrown, and a choice of Poached, Scrambled, or fried egg  
Beans available on request

## *Continental Breakfast*

Selection of fruit juices

Selection of cereals

Fresh fruit & yoghurt

Dried fruit & nuts

Freshly baked croissants & pastries

White or wholemeal bread

Selection of jams & preserve

The above is available from our continental buffet but can be brought to your table on request

If breakfast is not included within your bedroom rate it is charged at £17.95 per person